



rotherham School meals

Primary Schools – Choice Meals

From November 2013

H

WEEK 1 – 11th November • 2nd December • 6th January • 27th January • 17th February • 17th March • 7th April •

| BAND | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--------|---|------------------------------------|-------------------------|------------------------------|-------------------------------|
| RED | Spaghetti Bolognese (H/M) | Chicken Bites & Tomato Sauce (H/M) | Minced Lamb Pie (H/M) | Roast Chicken & Stuffing | Crispy Fish Fingers |
| YELLOW | Cheese Pasty (H/M) (V) | Macaroni Cheese | Jacket Potato with Tuna | French Bread Pizza (H/M) (V) | Jacket Potato with Cheese (V) |
| | Potato Wedges Garlic Bread | Creamed Potatoes Crusty Bread | Diced Potatoes | Roast Potatoes | Chips |
| | Baked Beans Sweetcorn | Carrots Garden Peas | Broccoli Sweetcorn | Cauliflower Cabbage | Mushy Peas Carrots |
| | Orange & Lemon Sponge & Custard Chocolate Crispy Bun | Oaty Biscuit & Milk | Ice Cream | Apple Flapjack & Custard | Chocolate Muffin |

Week 1

WEEK 2 – 18th November • 9th December • 13th January • 3rd February • 3rd March • 24th March •

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|--------|---------------------------------------|-------------------------------|----------------------------------|-------------------------------------|-------------------------------------|
| RED | Shepherd's Pie (H/M) | Chicken Curry & Rice (H/M) | Meat & Potato Pie (H/M) | Roast Chicken & Stuffing | Crispy Battered Fish |
| YELLOW | Tomato Pasta Bake (H/M) (V) | Jacket Potato with Cheese (V) | Cheese & Tomato Pizza (H/M) (V) | Jacket Potato with Tuna & Sweetcorn | Quorn Sausage & Bean Slice (H/M)(V) |
| | Potato Wedges Garlic Bread | Naan Bread | Roast Potatoes | Creamed Potatoes | Chips |
| | Broccoli Sweet corn | Cauliflower Carrots | Mushy Peas Sweet corn | Broccoli Carrots | Garden Peas Baked Beans |
| | Chocolate Sponge & Chocolate Sauce | Australian Crunch & Fruit | Toffee Apple Sponge & Custard | Gateaux | Butterfly Bun & Juice |

Week 2

WEEK 3 – 25th November • 16th December • 20th January • 10th February • 10th March • 31st March •

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|--------|-------------------------|---|--|----------------------------|----------------------------|
| RED | Lasagne (H/M) | Sausage & Yorkshire Pudding | Burger in a Bun | Roast Chicken & Stuffing | Crispy Battered Fish |
| YELLOW | Jacket Potato with Tuna | Cheese Flan (H/M) (V) | Jacket Potato with Beans (V) | Pizza Pinwheel (H/M) (V) | Jacket Potato & Cheese |
| | Garlic Bread | Creamed Potatoes | Potato Wedges | Roast Potatoes | Chips |
| | Carrots Green Beans | Baked Beans Broccoli | Sweetcorn Garden Peas | Cabbage Carrots | Mushy Peas Sweet corn |
| | Ice Cream | Chocolate Orange Sponge & Chocolate Sauce | Rice Pudding & Jam Cupcake & Juice | Fruit Crumble & Custard | Chocolate Cookie & Milk |

Week 3

Salad, Fresh Fruit, Yoghurt and Milk are all available every day.
H/M – Homemade V – Vegetarian

- All food oven baked (including potato products) wherever possible.
- Bread available daily without spread.
- All desserts are made on the premises.

Rotherham
Metropolitan
Borough Council
Where Everyone Matters

